

In-Office/Telehealth Sessions	
Couples Initial Assessment	\$195 for 90-minute intake session - in office/telehealth
Individual Initial Assessment	\$165 for 75-minute intake session - in office/telehealth
Individual/Couples Therapy	\$125 for 50-minute session \$155 for 75-minute session \$185 for 90-minute session **Additional time is billed in 15-minute increments at \$30
Couples Therapy	\$ for -minute session
Active Duty Military Discount	10% off all services
Late Cancellation	Full Session Fee for cancellation within 24-hours of appointment
No Show Appointment Fee	Full Appointment Fee + phone call to be confirmed on the schedule
Intensive Counseling	
1 Day Relationship Intensive	\$750 for 5-hours
1.5-2 Day Relationship Intensive	\$1350 for 9-hours
2.5 Day Relationship Intensive	\$2250 for 15-hours

## **Payment**

Cash, check & credit or debit cards, as well as HSA and FSA cards are accepted for payment. \*

## **Insurance**

While insurance is not accepted at this time, Betsy is happy to provide you with receipts and documentation, upon request, to submit to your insurance carrier for reimbursement. Services may be covered in full or in part by your health insurance or employee benefit plan. Please review your coverage carefully, and consult with your insurance provider.