

Private Pay Counseling Services

Telehealth	\$125 for 25-minute session \$350 for 75-minute session \$400 for 90-minute Intake session
In-Office Sessions	
Individual Therapy	\$400 for 90-minute Intake session \$350 for 75-minute session
Couples/Family Therapy	\$400 for 90-minute Intake session \$350 for 75-minute session
Weekend/Evening Appointments	\$100 additional
Concierge/In-Home Sessions	
Dr. Holroyd's Concierge Plans allow you to have 24-hour access to her unique suite of services in a variety of settings and modalities; including road trip and travel options. 1-3-6 month contracts are available. Contact Dr. Holroyd directly to discuss a customized plan that suits the special needs of your schedule.	
Individual	\$300 for 50-minute session
Couples/Family Therapy	\$350 for 50-minute session
Up to 8 hours of VIP Concierge Services	\$2,000 per month
Up to 12 hours of VIP Concierge Services	\$3,000 per month
Up to 24 hours of VIP Concierge Services	\$6,000 per month
Additional Session Discount	10% with the purchase of a VIP Concierge Plan
Travel	Included up to 30 miles

Payment

Cash, check and credit or debit cards are accepted for payment.

Insurance

While insurance is not accepted at this time, Dr. Holroyd is happy to provide you with receipts and documentation to submit to your insurance carrier for reimbursement. Services may be covered in full or in part by your health insurance or employee benefit plan. Please review your coverage carefully, and consult with your insurance provider. Consider the following questions when determining if your insurance will reimburse you for therapy:

- What are my mental health insurance benefits?
- Has my deductible been met?
- How many sessions per year does my health insurance cover?
- What is the coverage amount per therapy session?
- Does my insurance require pre-approval from my primary care physician?