

Private Pay Counseling Services

New Client Consultation to discuss how Tammie can help you	Free for 15 minute session
Initial Assessment for Individuals	\$115 for 75-minute session
Individual Therapy	\$85 for 55-minute session
Initial Assessment for Couples	\$125 for 75-minute session
Couples Therapy	\$100 for 55-minute session
Alcohol/Substance Use Assessment & Evaluation*	\$250 with Full Report and Level of Care Recommendations
Late Cancellation	\$35 if cancelled within 24 hours of appointment
No Show Appointment Fee	Full Appointment Fee
Sessions Longer than 55 minutes	Additional time is billed in 15 minute increments at \$15
Active Duty Military, Veterans, LEO, & First Responder Discount	20% off Initial Assessment

*Assessments are conducted using the strength-based, multidimensional criteria set forth by the American Society of Addiction Medicine (ASAM) and include psychometric testing.

Payment

Cash, check and credit or debit cards are accepted for payment.

Insurance

While insurance is not accepted at this time, Tammie is happy to provide you with receipts and documentation, upon request, to submit to your insurance carrier for reimbursement. Services may be covered in full or in part by your health insurance or employee benefit plan. Please review your coverage carefully, and consult with your insurance provider.