

## Private Pay Counseling Services

Initial Assessment for Individuals	\$125 for 60-minute session
Individual Therapy	\$110 for 50-minute session
Initial Assessment for Couples	\$145 for 60-minute session
Couples Therapy	\$125 for 50-minute session
Couples Intensives	\$125 per hour
Late Cancellation	Full Session Fee for cancellation within 24 hours of appointment
No Show Appointment Fee	Full Appointment Fee + phone call required to be reinstated on schedule

## Payment

Cash, check and credit or debit cards are accepted for payment.

## Insurance

While insurance is not accepted at this time, Rachel is happy to provide you with receipts and documentation, upon request, to submit to your insurance carrier for reimbursement. Services may be covered in full or in part by your health insurance or employee benefit plan. Please review your coverage carefully, and consult with your insurance provider.